

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Morning 9:00 Daily Chronicles, News & Views 10:00 Exercise Class 10:30 Music Therapy w/Lilian-4th FL Afternoon 1:00 Meditations In Color 2:00 Finish The Phrase 3:00 Audio Book Club 4:00 Afternoon Stretches	Morning w/ Jesuit Servant Leaders 9:00 Daily Chronicles, News & Views 10:00 Jazzercise 11:00 Puzzle Me This Afternoon 1:15 For Love & Art Presentation-4th FL 2:00 Junk Drawer Detective 3:00 Deep Dive- College Football 4:00 Horseshoeing Around 6:00 Nightly News	Morning 9:00 Daily Chronicles, News & Views 10:00 Exercise Class 11:00 Catholic Communion - PDR 11:00 Art Exploration Afternoon 1:30 Chair Volleyball 2:00 Sonic & Scenic Drive Outing 3:00 Easy Listening Reminiscing 4:00 Game On Hour	Morning 9:00 Daily Chronicles, News & Views 10:30 Lynna Plays Piano - 4th FL 11:30 Daily Devotionals Afternoon 1:30 Bingo Bonanza 2:45 Classic Picture Show 3:15 Happy Hour - BL 4:15 Shabbat - PDR	Morning 9:00 Daily Chronicles, News & Views 10:00 Weekend Workout 11:00 Music & Memories Afternoon 1:00 Table Games Tournament 2:45 Writing Club 3:00 Hand Massage & Manicures 4:00 Saturday Sing-a-Long 6:00 Sunset Strolls
Morning 9:00 Coffee & Conversation 10:00 Sit and Be Fit 11:00 Everyday Trivia Afternoon 1:00 Mindful Meditation 2:00 Sunday at the Memories 3:00 Worship Service - AR 4:00 Afternoon Stretches 6:00 Sleepless Cinema	Morning 9:00 Total Brain Health Program 10:00 Fitness Fun 11:00 Music & Memories Afternoon 1:00 Lets Learn 2:00 Creative Crafting 3:00 Cooking Club 4:00 Walking Warriors 6:00 Antiques Roadshow	Morning 9:00 Daily Chronicles, News & Views 10:00 Exercise Class 11:00 One Day Storytelling Afternoon 1:00 Meditations In Color 2:00 Wacky Wordies 3:00 Audio Book Club 4:00 Afternoon Stretches 6:00 Evenings of Prayer	Morning w/ Jesuit Servant Leaders 9:00 Daily Chronicles, News & Views 10:00 Jazzercise 11:00 What Am I? Afternoon 1:00 Movie Quote Hangman 2:00 Healing Humor 3:00 National Park Series 3:30 WU Myrna and Me Preschoolers 6:00 Card Sharks	Morning 9:00 Daily Chronicles, News & Views 10:00 Exercise Class 11:00 Catholic Communion - PDR 11:00 Art Exploration Afternoon 1:30 Chair Volleyball 2:00 Starbucks & Scenic Drive Outing 3:00 Easy Listening Reminiscing 4:00 Game On Hour	Morning 9:00 Daily Chronicles, News & Views 10:00 Friday Fitness 11:00 One Day Storytelling Afternoon 1:30 Bingo Bonanza 2:45 Classic Picture Show 3:15 Happy Hour - BL 4:15 Shabbat - PDR	Morning 9:00 Daily Chronicles, News & Views 10:00 Weekend Workout 11:00 Music & Memories Afternoon 1:00 Table Games Tournament 2:00 Writing Club 3:00 Hand Massage & Manicures 4:00 Sunset Strolls
Morning 9:00 Coffee & Conversation 10:00 Sit and Be Fit 11:00 Everyday Trivia Afternoon 1:00 Mindful Meditation 2:00 Puzzle Me This 3:00 Worship Service - AR 4:00 Afternoon Stretches 6:00 Sleepless Cinema	Morning 9:00 Total Brain Health Program 10:00 Fitness Fun 11:00 Classic Radio Hour Afternoon 1:00 Lets Learn 2:00 Snowflake Art 3:00 Cooking Club 4:00 Walking Warriors 6:00 BBC Newshour	Morning 9:00 Daily Chronicles, News & Views 10:00 Exercise Class 10:30 Music Therapy w/Lilian-4th FL Afternoon 1:00 Meditations In Color 2:00 Finish The Phrase 3:00 Audio Book Club 4:00 Afternoon Stretches 6:00 Card Sharks	Morning w/ Jesuit Servant Leaders 9:00 Daily Chronicles, News & Views 10:00 Jazzercise 11:00 Puzzle Me This Afternoon 1:15 For Love & Art Presentation-4th FL 2:00 My Hometown 3:00 Ladder Ball Toss 4:00 Big Bowlers 6:00 Nightly News	Morning 9:00 Daily Chronicles, News & Views 10:00 Exercise Class 11:00 Catholic Communion - PDR 11:00 Art Exploration Afternoon 1:30 Chair Volleyball 2:00 Sonic & Scenic Drive Outing 3:00 Easy Listening Reminiscing 4:00 Game On Hour	Morning 9:00 Daily Chronicles, News & Views 10:30 Lynna Plays Piano - 4th FL 11:30 Daily Devotionals Afternoon 1:30 Bingo Bonanza 2:45 Classic Picture Show 3:15 Happy Hour - BL 4:15 Shabbat - PDR 6:00 Puzzlers Club	Morning 9:00 Daily Chronicles, News & Views 10:00 Weekend Workout 11:00 Music & Memories Afternoon 1:00 Table Games Tournament 2:00 Writing Club 3:00 Hand Massage & Manicures 4:00 Saturday Sing-a-Long 6:00 Sunset Strolls
Morning 9:00 Coffee & Conversation 10:00 Sit and Be Fit 11:00 Everyday Trivia Afternoon 1:00 Mindful Meditation 2:00 Sunday at The Memories 3:00 Worship Service - AR 4:00 Afternoon Stretches 6:00 Sleepless Cinema	Morning 9:00 Total Brain Health Program 10:00 Chair Yoga 11:00 Music & Memories Afternoon 1:00 Lets Learn 2:00 Creative Crafting 3:00 Cooking Club 4:00 Walking Warriors 6:00 Antiques Roadshow	Morning 9:00 Daily Chronicles, News & Views 10:00 Exercise Class 11:00 One Day Storytelling Afternoon 1:00 Meditations In Color 2:00 Wacky Wordies 3:00 Audio Book Club 4:00 Afternoon Stretches	Morning w/ Jesuit Servant Leaders 9:00 Daily Chronicles, News & Views 10:00 Jazzercise 11:00 What Am I? Afternoon 1:00 Hot 100 Hangman 2:00 Junk Drawer Detective 3:00 National Park Series 3:30 WU Myrna and Me Preschoolers 6:00 Card Sharks	Morning 9:00 Daily Chronicles, News & Views 10:00 Exercise Class 11:00 Catholic Communion - PDR 11:00 Art Exploration Afternoon 1:30 Chair Volleyball 2:00 Starbucks & Scenic Drive Outing 3:00 Easy Listening Reminiscing 4:00 Game On Hour	Morning 9:00 Daily Chronicles, News & Views 10:00 Friday Fitness 11:00 One Day Storytelling Afternoon 1:30 Bingo Bonanza 2:45 Classic Picture Show 3:15 January B-Day Bash - BL 4:15 Shabbat - PDR 6:00 Puzzlers Club	Morning 9:00 Daily Chronicles, News & Views 10:00 Weekend Workout 11:00 Music & Memories Afternoon 1:00 Table Games Tournament 2:00 Writing Club 3:00 Hand Massage & Manicures 4:00 Saturday Sing-a-Long 6:00 Sunset Strolls
Morning 9:00 Coffee & Conversation 10:00 Sit and Be Fit 11:00 Everyday Trivia Afternoon 1:00 Mindful Meditation 2:00 Puzzle Me This 3:00 Worship Service - AR 4:00 Afternoon Stretches 6:00 Sleepless Cinema	Morning 9:00 Total Brain Health Program 10:00 Fitness Fun 11:00 Classic Radio Hour Afternoon 1:00 Lets Learn 2:00 Paintspirations 3:00 Cooking Club 4:00 Walking Warriors 6:00 BBC Newshour	Morning 9:00 Daily Chronicles, News & Views 10:00 Exercise Class 11:00 One Day Storytelling Afternoon 1:00 Meditations In Color 2:00 Wacky Wordies 3:00 Audio Book Club 4:00 Afternoon Stretches 6:00 Card Sharks	Morning w/ Jesuit Servant Leaders 9:00 Daily Chronicles, News & Views 10:00 Jazzercise 11:00 Wheel of Fortune Afternoon 1:00 Travelogue 2:00 Postcrossing 3:00 Deep Dive- Skiing 4:00 Bocce Ball 6:00 Nightly News	Morning 9:00 Daily Chronicles, News & Views 10:00 Exercise Class 11:00 Catholic Communion - PDR 11:00 Art Exploration Afternoon 1:30 Chair Volleyball 2:00 Sonic & Scenic Drive Outing 3:00 Easy Listening Reminiscing 4:00 Game On Hour		Ladybug Beauty Shop Please call (972) 419-4998 to schedule an appointment or stop by the shop located near the resident lobby.
Windsor Senior Living The Gardens Memory Care Neighborhood	Memory Care Director: Amber Porter Community Life Assistant: Tekedra Forest	<h1>JANUARY 2019</h1> <p>The Gardens Neighborhood 3rd and 4th Floors</p>		ACTIVITY LOCATOR KEY AR - 1st Floor Activity Room BL - 1st Floor Bar Lounge BR - 1st Floor Ballroom P3 - Patio on Floor 3 P4 - Patio on Floor 4 C - Cinema on 6th Floor CY - Courtyard PDR - Private Dining Room	Aster - 3rd Floor Magnolia - 4th Floor	